

# Love and Hate: Women & Money

by Susan Havens

Ah yes, in my dreams I'm a high maintenance princess; but in reality, a normal everyday happy life is just fine with me.

That sentiment may attract a decent man, but I'm actually referring to an entirely different kind of relationship here, one that is vitally important for a single mom because other lives are at stake.

Yes, being on my own once again has given me a sort of freedom that I desired. But I've come to realize the real liberty I long for can only be found in a healthy relationship with money; by taking care of myself financially, I will truly be able to care for those I love, and I'll be able to make other healthy choices down the line.

"Simple Abundance" author Sara Ban Breathnach sums it up well.

"Like success, money is an emotionally volatile issue for most women. It's probably the most complicated relationship we have—and the one that most controls our lives ... because we let it."

For so many women, including myself, that relationship has long been dysfunctional. (And I thought I left my most dysfunctional relationship behind when I got divorced!) And for me, without a doubt, it also led to some very poor decision making, usually with men and with jobs.

ENJOY THE RIDE!

